

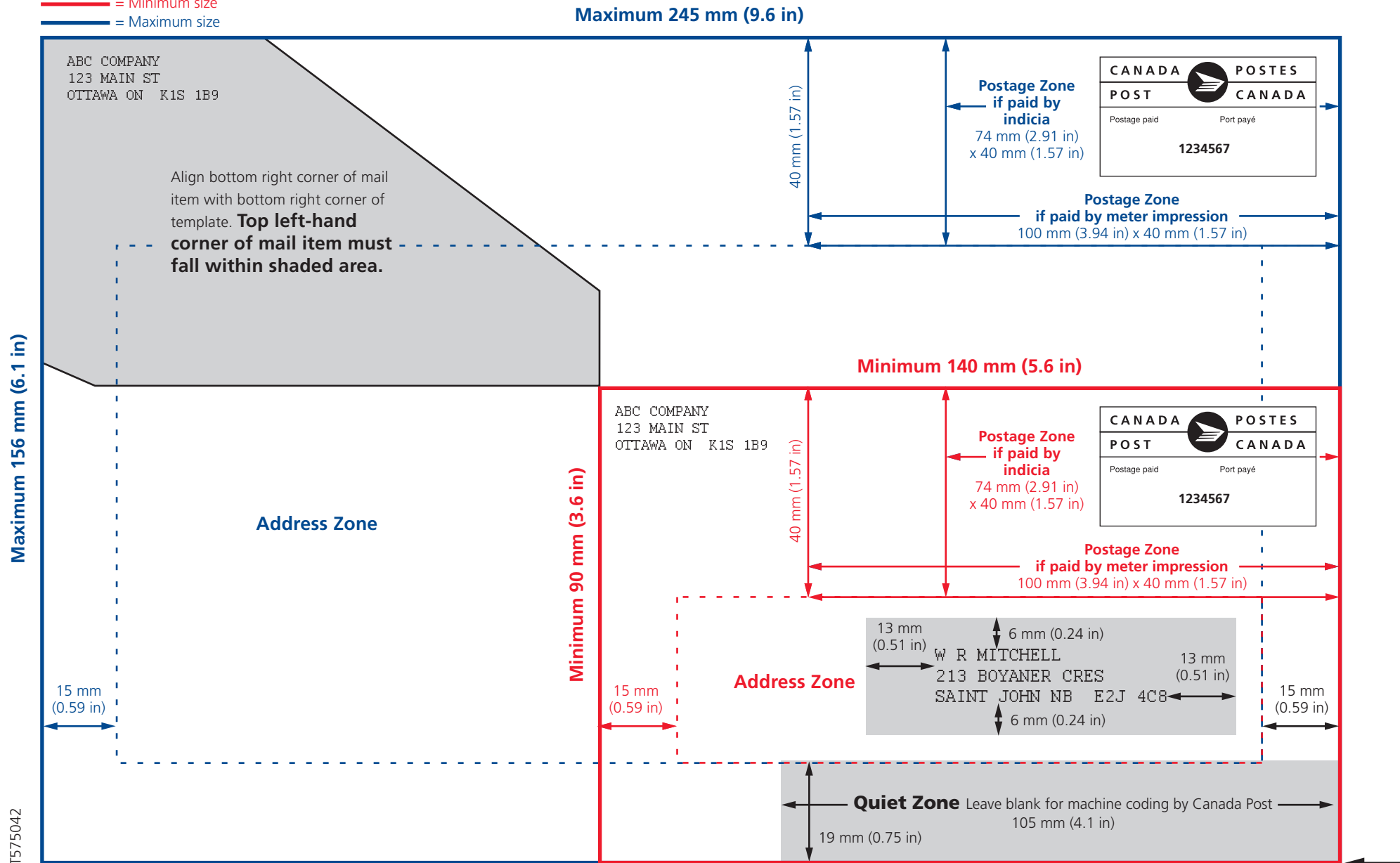
# Machineable Standard/Short and Long (S/L) Envelopes and Self-mailers Sizing Template

## Addressed Admail™, Publications Mail™ and Incentive Lettermail™



From anywhere... to anyone

— = Minimum size  
 — = Maximum size



Thickness: Max 5 mm (0.2 in) – Min 0.18 mm (0.007 in).

\*Canada Post sites that have new automated equipment are identified in the "Induction Locations and Cut-off Times" document posted at [canadapost.ca/mailpreparation](http://canadapost.ca/mailpreparation).

The dimensions of the Postage Zone, Address Zone and Quiet Zone remain fixed for all sizes. No background print (no graphics, no dark colours) is permitted inside the Quiet Zone (shaded area). Canada Post's cancellation mark may cover the print within the cancellation area (100 mm wide by 40 mm high in the upper right corner). **If using a meter impression, use of graphics and dark colours is not permitted in the Postage Zone.** For complete requirements, visit the Machineable Postal Standards at [canadapost.ca/postalstandards](http://canadapost.ca/postalstandards).

™ Trademark of Canada Post Corporation.

Machineable Standard/Short and Long (S/L) **Envelopes and Self-mailers** Sizing Template  
**Addressed Admail™**, **Publications Mail™** and **Incentive Lettermail™**



From anywhere... to anyone

For Mailings Deposited at Sites that have New Automated Equipment\* (back)

— = Minimum size  
— = Maximum size

Maximum 245 mm (9.6 in)

Maximize your advertising space on the back

Minimum 140 mm (5.6 in)

Maximum 156 mm (6.1 in)

Maximize your advertising space on the back

Minimum 90 mm (3.6 in)

**Quiet Zone** Leave blank for machine coding by Canada Post  
140 mm (5.6 in) x 15 mm (0.59 in)

15 mm  
(0.59 in)

Align mail item here

\*Canada Post sites that have new automated equipment are identified in the "Induction Locations and Cut-off Times" document posted at [canadapost.ca/mailpreparation](http://canadapost.ca/mailpreparation)  
No background print (no graphics, no dark colours) is permitted inside the Quiet Zone (shaded area). Your creative graphics may only appear outside the shaded area. The dimensions of the Quiet Zone remain fixed for all sizes. For complete requirements, visit the Machineable Postal Standards at [canadapost.ca/postalstandards](http://canadapost.ca/postalstandards).

™ Trademark of Canada Post Corporation.

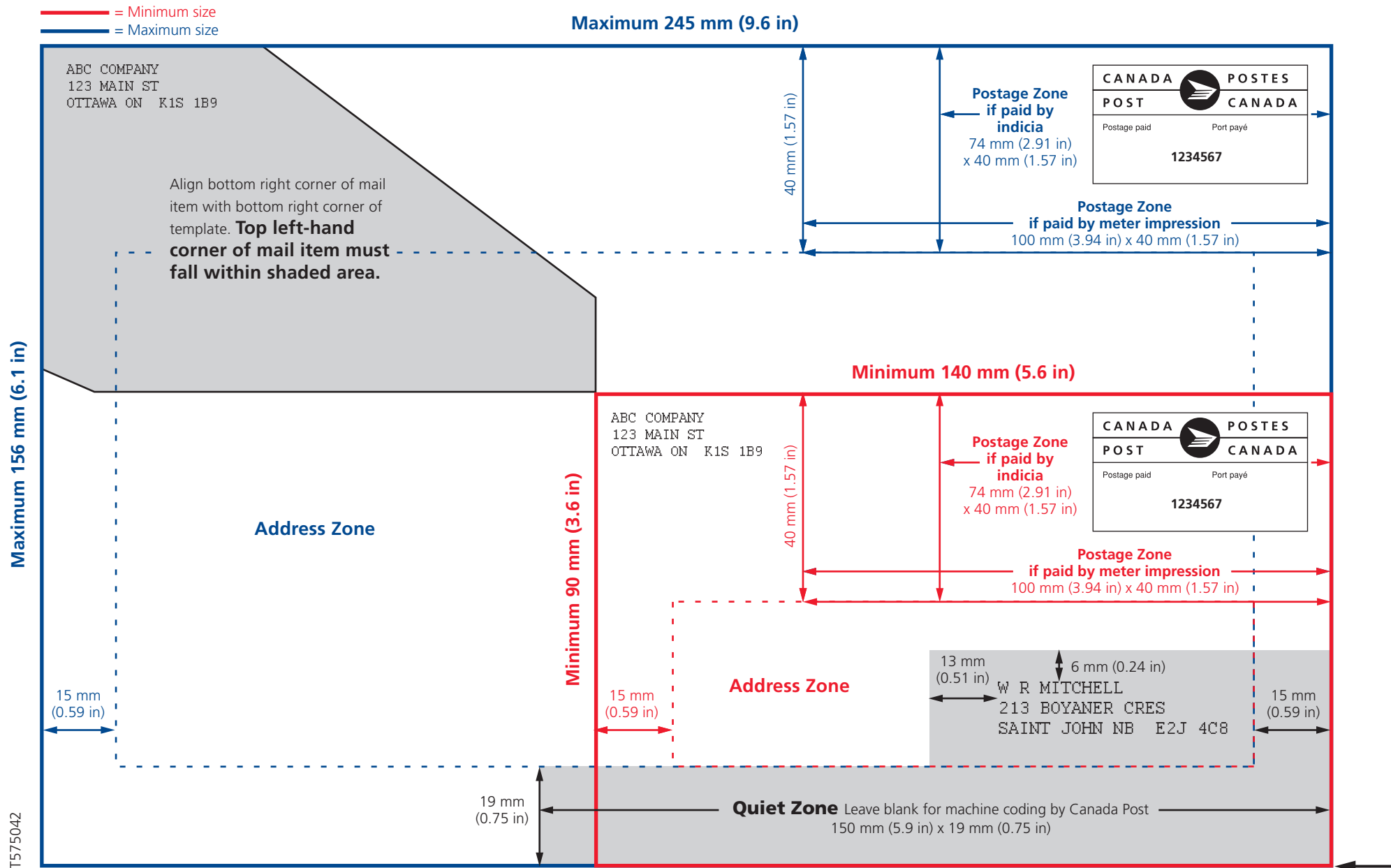
# Machineable Standard/Short and Long (S/L) Envelopes and Self-mailers Sizing Template

## Addressed Admail™, Publications Mail™ and Incentive Lettermail™

### For Mailings Deposited at all Automated Sites



From anywhere... to anyone



T575042

Thickness: Max 5 mm (0.2 in) – Min 0.18 mm (0.007 in).

The dimensions of the Postage Zone, Address Zone and Quiet Zone remain fixed for all sizes. No background print (no graphics, no dark colours) is permitted inside the Quiet Zone (shaded area). Canada Post's cancellation mark may cover the print within the cancellation area (100 mm wide by 40 mm high in the upper right corner). **If using a meter impression, use of graphics and dark colours is not permitted in the Postage Zone.** For complete requirements, visit the Machineable Postal Standards at [canadapost.ca/postalstandards](http://canadapost.ca/postalstandards).

™ Trademark of Canada Post Corporation

Align mail item here

Machineable Standard/Short and Long (S/L) **Envelopes and Self-mailers** Sizing Template  
**Addressed Admail™, Publications Mail™ and Incentive Lettermail™**  
 For Mailings Deposited at all Automated Sites (back)



From anywhere... to anyone

— = Minimum size  
 — = Maximum size

Maximum 245 mm (9.6 in)

Maximize your advertising space on the back

Minimum 140 mm (5.6 in)

Maximum 156 mm (6.1 in)

Maximize your advertising space on the back

Minimum 90 mm (3.6 in)

**Quiet Zone** Leave blank for machine coding by Canada Post  
 140 mm (5.6 in) x 15 mm (0.59 in)

15 mm  
 (0.59 in)

Align mail item here

No background print (no graphics, no dark colours) is permitted inside the Quiet Zone (shaded area). Your creative graphics may only appear outside the shaded area. The dimensions of the Quiet Zone remain fixed for all sizes. For complete requirements, visit the Machineable Postal Standards at [canadapost.ca/postalstandards](http://canadapost.ca/postalstandards).

™ Trademark of Canada Post Corporation.